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# Winnipeg Free Press

COMMUNITY PROFILE



Dean Gillert, Rhoda Gledhill, Arnold Chew, Mohsin Khan, Cecile Ngai, Rachel Fang, Victor Fang, Jasmine Nazer and Gary Nazer (from left to right)



Olive McDonald, Geo Bricker, Larry Kimacovich, Davis Bricker, Caroline Bricker, Wendy Konrad, Bonnie Bricker, Erin Lyons, Dwayne Konrad, Treasure Ross and Garry Berezowski (from left to right)



Corinne Paterson, Mary Furgale, Kate Paterson, Lee Nuttall, Emily Nuttall, Debbie Golub, Kayleigh Roscoe and Eric Roscoe (from left to right)



John Quinton, Jane Quinton, Ross Robinson, Allana Robinson, Ralph Guy, Kris Owen, Lisa Paterson and Andrew Paterson (from left to right)



Hon. Cathy Cox, Minister of Sport, Culture and Heritage, Helping Hands of Heart Award Winner Silken Laumann, Helping Hands of Hope Award Winner Tina Holland and MDAM Executive Director Tara Brousseau Snider (from left to right)



**Mood Disorders**  
ASSOCIATION OF MANITOBA

*Helping people  
help themselves*

## 10th Annual In the Mood Gala

The Mood Disorders Association of Manitoba (MDAM) held their 10th Annual In the Mood Gala at the Fort Garry Hotel on February 23, 2019. Over \$45,000 was raised with funds going towards expanding MDAM addictions and mood disorders programming, investing in technology required to launch a texting support service and expanding programming for Indigenous youth. The evening also celebrated those who have positively contributed to the field of mental health. Award winners included Olympic rower Silken Laumann, Tina Holland and Dr. Mandana Modirrousta. Thank you to the Hotel Fort Garry and Ron Paley for such a beautiful night.

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MDAM Director of Development Rachel Westman, Helping Hands of Heart Award Winner Silken Laumann and MDAM Executive Director Tara Brousseau Snider (from left to right)



Peter Davey, Carmyn Aleshka, Kelly McLure, Christina Rambarran, Dr. Analyn Einarson, Rossana Astacio, Aimee Rice, and Cameron MacMartin and (from left to right)



Lewis Rosenberg, Hon. Cathy Cox, Minister of Sport, Culture and Heritage, Jeanine Hanson Stephens, Silken Laumann, Jeremy Ruban, Cassia Ruban, Stephanie McDowell, Janice Morley Lecomte, MLA for Seine River



Bob Thiessen, Catherine Thiessen, Gary Brownstone, Donna Book, Adelle Stevens, David Beeston, Nancy Margolis and Shael Glesby (from left to right)



Helping Hand of Health award winner Dr. Mandana Modirrousta and MDAM Board Chair Pamela Mann